

# HEALTH HISTORY QUESTIONNAIRE

Date \_\_\_\_\_

Patient Name \_\_\_\_\_ Doctor \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Referring Clinic \_\_\_\_\_ Acct. No. \_\_\_\_\_ Chart No. \_\_\_\_\_

## HISTORY OF PAST ILLNESS: Have you had

### Childhood:

Measles ..... No Yes  
 Mumps ..... No Yes  
 Chickenpox ..... No Yes  
 Diabetes ..... No Yes  
 Strokes ..... No Yes  
 Cancer ..... No Yes  
 Rheumatic Fever ..... No Yes  
 Heart Disease ..... No Yes  
 Tuberculosis ..... No Yes  
 Venereal Disease ..... No Yes  
 Congenital Abnormalities ..... No Yes  
 Meningitis ..... No Yes  
 Pneumonia ..... No Yes  
 Radiation Therapy ..... No Yes  
 Hepatitis ..... No Yes  
 Blood Transfusion ..... No Yes  
 Other Serious Diseases ..... No Yes  
 Please list \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Adult:

Any serious illness? ..... No Yes  
 Hospitalized? ..... No Yes  
 Under medical care for long period? ..... No Yes  
 If yes to the above questions, please describe:  
 \_\_\_\_\_  
 \_\_\_\_\_

### Operations

Please list any surgeries you have had:  
 \_\_\_\_\_  
 \_\_\_\_\_

### Injuries

Any broken bones? ..... No Yes  
 Any head injuries, concussions ..... No Yes  
 Ever been knocked unconscious? ..... No Yes

| FAMILY HISTORY   | If living |        | If deceased            |                     | Has any blood relative ever had: |     |
|------------------|-----------|--------|------------------------|---------------------|----------------------------------|-----|
|                  | Age       | Health | Age (at death) & Cause |                     | No                               | Yes |
| Father           |           |        |                        | Cancer              | No                               | Yes |
| Mother           |           |        |                        | Tuberculosis        | No                               | Yes |
| Brother / Sister |           |        |                        | Diabetes            | No                               | Yes |
|                  |           |        |                        | Heart Trouble       | No                               | Yes |
|                  |           |        |                        | High Blood Pressure | No                               | Yes |
| Husband / Wife   |           |        |                        | Stroke              | No                               | Yes |
| Son / Daughter   |           |        |                        | Convulsions         | No                               | Yes |
|                  |           |        |                        | Suicide             | No                               | Yes |
|                  |           |        |                        | Insanity            | No                               | Yes |
|                  |           |        |                        | Bleeding Tendency   | No                               | Yes |
|                  |           |        |                        | Gout / Arthritis    | No                               | Yes |

## Social History:

Marital Status: S M Sep D W

Are you living with your spouse? ..... No Yes  
 Sex life satisfactory? ..... No Yes  
 Dependents living at home? ..... No Yes  
 Highest grade completed in school \_\_\_\_\_  
 How many days lost from sickness in:  
 Six months? \_\_\_\_\_ One year \_\_\_\_\_ Five years \_\_\_\_\_

Regular Exercise Yes \_\_\_\_\_ No \_\_\_\_\_  
 Alcohol Consumption Never \_\_\_\_\_ Quit \_\_\_\_\_ No. per week \_\_\_\_\_  
 Tobacco Never \_\_\_\_\_ Quit \_\_\_\_\_ Packs per day \_\_\_\_\_  
 Employment Full-time \_\_\_\_\_ Part-time \_\_\_\_\_  
 Job Responsibilities \_\_\_\_\_  
 Exposed to fumes, dust, solvents? \_\_\_\_\_

## SYSTEMIC REVIEW: Do you have any of the following?

### General

Recent weight change? ..... No Yes  
 Been in good health? ..... No Yes

### Skin

Jaundice ..... No Yes  
 Hives, eczema, rash ..... No Yes  
 Frequent infection or boils ..... No Yes  
 Abnormal pigmentation ..... No Yes

### Head / Eyes / Nose / Throat

Eye disease or injury ..... No Yes  
 Do you wear glasses? ..... No Yes  
 Double Vision ..... No Yes  
 Headaches ..... No Yes  
 Glaucoma ..... No Yes  
 Itching eyes or nose ..... No Yes

### Head / Eyes / Nose / Throat (cont.)

Sneezing or runny nose ..... No Yes  
 Nosebleeds ..... No Yes  
 Chronic sinus trouble ..... No Yes  
 Ear disease ..... No Yes  
 Impaired hearing ..... No Yes  
 Dizziness / blackouts ..... No Yes

### Neck

Stiffness ..... No Yes  
 Thyroid trouble ..... No Yes  
 Enlarged glands ..... No Yes

### Respiratory

Respiratory infections (frequent colds) ..... No Yes  
 Spitting up blood ..... No Yes  
 Chronic or frequent cough ..... No Yes

# SYSTEMIC REVIEW:

## Respiratory (cont):

Asthma or wheezing ..... No Yes  
 Difficulty breathing ..... No Yes  
 Lung problems of any kind ..... No Yes  
 Pleurisy or pneumonia ..... No Yes

## Cardiovascular

Chest pains or angina ..... No Yes  
 Shortness of breath when walking ..... No Yes  
 Shortness of breath when lying down ..... No Yes  
 Difficulty walking two blocks ..... No Yes  
 Heart trouble or heart attacks ..... No Yes  
 High blood pressure ..... No Yes  
 Swelling of hands, feet, ankles ..... No Yes  
 Awakening at night by "smothering" ..... No Yes  
 Heart murmur ..... No Yes

## Gastrointestinal

Peptic ulcer (stomach or duodenal) ..... No Yes  
 Vomiting blood or food ..... No Yes  
 Gallbladder disease ..... No Yes  
 Liver trouble ..... No Yes  
 Hepatitis ..... No Yes  
 Painful bowel movements ..... No Yes  
 Bleed with bowel movements ..... No Yes  
 Black stools ..... No Yes  
 Hemorrhoids or piles ..... No Yes  
 Recent change in bowel habits ..... No Yes  
 Frequent diarrhea ..... No Yes  
 Heartburn or indigestion ..... No Yes  
 Cramping or abdominal pain ..... No Yes  
 Does food stick in your throat ..... No Yes

## Genitourinary

Loss of urine ..... No Yes  
 Frequent urination ..... No Yes  
 Night time urination ..... No Yes  
 Burning or painful urination ..... No Yes  
 Blood in urine ..... No Yes  
 Kidney trouble ..... No Yes  
 Kidney stones ..... No Yes  
 Bright's Disease ..... No Yes

## ALLERGIES & SENSITIVITIES:

Do you have a history of skin or other reactions / sicknesses following the injection or oral administration of:

Penicillin or other antibodies ..... No Yes Not Sure  
 Morphine / codeine / demerol / narcotics ..... No Yes Not Sure  
 Novocaine or anesthetics ..... No Yes Not Sure  
 Aspirin, Empirin or pain remedies ..... No Yes Not Sure  
 Sulfa drugs ..... No Yes Not Sure  
 Tetanus antioxin or other serums ..... No Yes Not Sure  
 Adhesive tape ..... No Yes Not Sure  
 Iodine or merthiolate ..... No Yes Not Sure  
 Other drugs or medications ..... No Yes Not Sure  
 Foods (milk, eggs, chocolate) ..... No Yes Not Sure

## MEDICATIONS

Drugs recently taken (within the past six months)

Sleeping pills ..... No Yes Not Sure  
 Recreational drugs ..... No Yes Not Sure  
 Cortisone ..... No Yes Not Sure  
 ACTH ..... No Yes Not Sure  
 Anticoagulants (blood thinners) ..... No Yes Not Sure  
 Tranquilizers ..... No Yes Not Sure  
 Hypotensives (high blood pressure) ..... No Yes Not Sure  
 Aspirin ..... No Yes Not Sure

Source of information, if other than patient \_\_\_\_\_

Signature of person acquiring information \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_ Patient Signature \_\_\_\_\_

## Gynecological

Age periods started \_\_\_\_\_  
 Length of periods \_\_\_\_\_ days  
 Frequency of periods \_\_\_\_\_ days  
 Date of first day of last period \_\_\_\_\_  
 Any pain with your periods ..... No Yes  
 Number of pregnancies \_\_\_\_\_  
 Number of miscarriages \_\_\_\_\_  
 Number of children \_\_\_\_\_ Ages \_\_\_\_\_  
 Date of last pap smear / results \_\_\_\_\_

## Locomotor / Musculoskeletal

Varicose veins ..... No Yes  
 Weakness or pain of muscles or joints ..... No Yes  
 Any difficulty in walking ..... No Yes  
 Pain in calves, buttocks when walking ..... No Yes  
 Above pain relieved with rest ..... No Yes  
 Tingling of extremities ..... No Yes

## Neuro / Psychiatric

Have you ever had psychiatric care? ..... No Yes  
 Ever been advised to see a psychiatrist? ..... No Yes  
 Ever have, or have had, fainting spells? ..... No Yes  
 Convulsions ..... No Yes  
 Paralysis ..... No Yes

## Hematological

Slow to heal from cuts ..... No Yes  
 Blood disease ..... No Yes  
 Anemia ..... No Yes  
 Phlebitis ..... No Yes  
 Excessive bleeding after minor surgery ..... No Yes  
 Abdominal bruising or bleeding ..... No Yes

## Endocrine

Thyroid disease ..... No Yes  
 Hormone therapy ..... No Yes  
 Any change in hat or glove size? ..... No Yes  
 Any change in hair growth? ..... No Yes  
 Do you get colder more easily? ..... No Yes  
 Skin has become dryer ..... No Yes

HEIGHT \_\_\_\_\_

WEIGHT \_\_\_\_\_

Please list drug or medication

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Do you have an **Advanced Directive**?

Yes \_\_\_\_\_ No \_\_\_\_\_

Are you interested in **Advanced Directives**?

Yes \_\_\_\_\_ No \_\_\_\_\_